



THE
BUREAU



Walks for All

Very Easy Accessible walks (free)

Walking Works! Walking is for everyone. It's free, simple and gentle on the body. You can do it on these short, very easy, accessible walks.

When: 10:30 on the last Friday of the month, starting 26th May

Where: Longdendale Trail, meet Platt Street Car Park, Hadfield SK13 1AH

Length: Length and pace of walk designed for you (15—60 mins)

Booking: No need to book, just turn up.

What you can expect:

- Easy supported walk on an accessible trail, open to all
- Lead by trained walk leaders and national park Rangers
- Dementia friendly
- Walk time links with bus and train times from and to Glossop.
- Chance to have a brew and a chat at a café at the end of the walk.



For more information contact Jo Hanney, PDNPA Ranger,
Email: jo.hanney@peakdistrict.gov.uk Tel number:01629 816200