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Learning & Discovery in the National Park

www.peakdistrict.gov.uk/learning-about



Do This!

Introduction to the Animation: Discussion Notes

Video: <https://www.peakdistrict.gov.uk/learning-about/peak-curriculum/national-parks-the-bigger-picture/do-this-video>

National Parks are very special places. They are designated for their outstanding natural beauty, wildlife, cultural heritage and the opportunities they offer for enjoyment.

The Peak District became the first UK National Park in 1951. In many places it looks wild and rugged but in reality such areas are extremely fragile. Every year millions of people choose to visit and explore the Peak District which can put ever-increasing pressure upon the landscape and can impact the people who live and work here.

To help us look after the National Park, the 'Do This' animation explains why and how to enjoy your visit. The following discussion points aim to give children a more detailed understanding of the issues addressed in the video. The advice is based on the [Countryside Code](#), a great source of further information.

BEFORE watching the animation, consider asking the following questions:

- Has anyone been to the Peak District National Park before?
- What can you do when you go there?
- What is a National Park?
- How could you look after the National Park when you visit? Can you create a 'Do This' list?

AFTER watching the animation:

- Can the children add to their "Do This" list for responsible ways to behave in the National Park? This could be done in pairs. For ideas see the left hand column of the table below.
- For each of the points discuss why the animation recommends we do them. The class could be split into small groups and given a different point to explain and share. For suggestions see the right hand column of the table below.



Do This	Why?
<ul style="list-style-type: none"> • Put litter in the bin 	<ul style="list-style-type: none"> ○ Keep wildlife safe. ○ By leaving no trace we can help maintain the beauty.
<ul style="list-style-type: none"> • Keep your dog on a lead (or under control) 	<ul style="list-style-type: none"> ○ They could scare sheep. ○ Ground nesting birds can be scared away from their nests.
<ul style="list-style-type: none"> • Pick up dog poo 	<ul style="list-style-type: none"> ○ So other people won't stand in it or have to look at it.
<ul style="list-style-type: none"> • Use stiles (or gates) 	<ul style="list-style-type: none"> ○ Stonewalls, hedges and fences can fall down and increase the risk of farm animals escaping.
<ul style="list-style-type: none"> • Pay attention to signs 	<ul style="list-style-type: none"> ○ They often tell you of ways to behave in the National Park and can keep you safe. ○ Follow advice on signs.
<ul style="list-style-type: none"> • Walk on paths not roads (where provided) 	<ul style="list-style-type: none"> ○ The roads can be dangerous to walk on. Lanes in the countryside often narrow. ○ Walk single file and be alert if walking on roads.
<ul style="list-style-type: none"> • Drive (and cycle) slowly past pedestrians and horse riders 	<ul style="list-style-type: none"> ○ To avoid scaring horses and accidentally hitting people. ○ You should also drive slowly past farm animals.
<ul style="list-style-type: none"> • Pack properly for an adventure 	<ul style="list-style-type: none"> ○ To avoid getting lost or trapped somewhere without the equipment you need to survive. ○ Plan ahead and be prepared.
<ul style="list-style-type: none"> • Camp or stay overnight at campsites/ caravan parks/ b&bs 	<ul style="list-style-type: none"> ○ There are facilities for washing and fresh water at campsites. Camping in the Peak District National Park should be at designated campsites to help protect the environment.
<ul style="list-style-type: none"> • Be careful with fires 	<ul style="list-style-type: none"> ○ Accidental fires can cause a lot of damage to wildlife and the environment. ○ Fires can be devastating to people and property.
<ul style="list-style-type: none"> • Be respectful of the peace and quiet 	<ul style="list-style-type: none"> ○ Wildlife and people enjoy being in the Peak District because it is a quiet and relaxing place. Wildlife will be disturbed by loud noises. ○ Consider the local community.
<ul style="list-style-type: none"> • Be nice, share and care so we can all have fun 	<ul style="list-style-type: none"> ○ It will still be here in the future if we look after it. ○ We can all enjoy it.