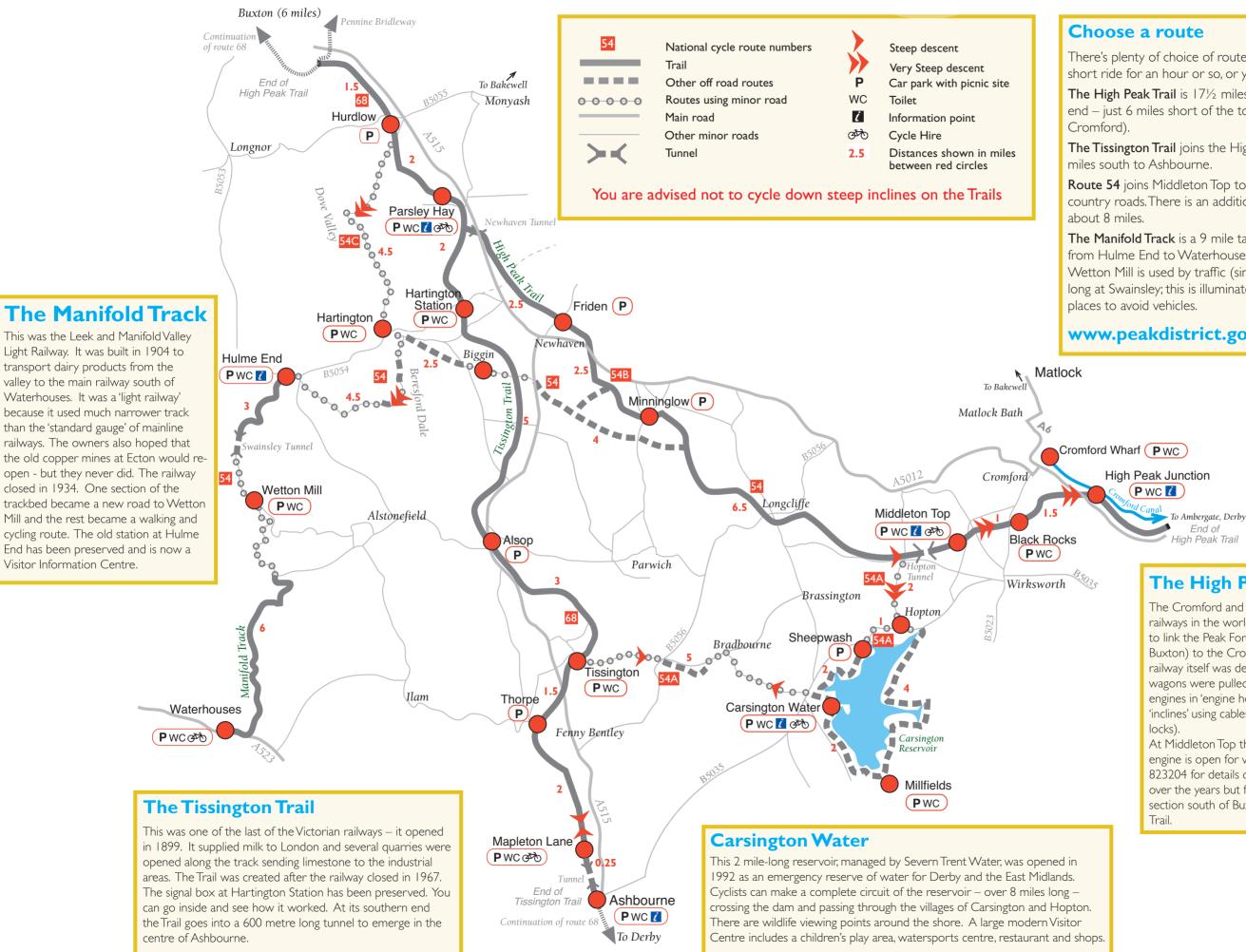
White Peak Trails and Cycle Routes



There's plenty of choice of routes to cycle whether you're planning a short ride for an hour or so, or you would like a longer outing:

The High Peak Trail is 17¹/₂ miles long between Dowlow (at the Buxton end – just 6 miles short of the town) and High Peak Junction (close to

The Tissington Trail joins the High Peak Trail at Parsley Hay and runs 13

Route 54 joins Middleton Top to Tissington via about 10 miles of country roads. There is an additional route around Carsington Water of

The Manifold Track is a 9 mile tarmac track along a disused railway from Hulme End to Waterhouses. A section between Swainsley and Wetton Mill is used by traffic (single track) and contains a tunnel 100m long at Swainsley; this is illuminated but still guite dark with small passing

www.peakdistrict.gov.uk/cycle

The High Peak Trail

The Cromford and High Peak Railway was one of the first railways in the world. It was built between 1825 and 1830 to link the Peak Forest Canal at Whaley Bridge (north of Buxton) to the Cromford Canal – a distance of 33 miles. The railway itself was designed like a canal. On the flat sections the wagons were pulled by horses. Large steam powered beam engines in 'engine houses' pulled the wagons up the steep 'inclines' using cables (on a canal the inclines would have been

At Middleton Top the engine house with its massive beam engine is open for visitors to wonder at (telephone 01629 823204 for details of open days). The railway was adapted over the years but finally closed completely in 1967. The section south of Buxton was then converted to the High Peak